



**Questionnaire on Knowledge, Attitude and
Self-Efficacy of sexually transgressive behaviour**

Improve the implementation of the Sensoa Flag System in your organisation

SENSOA



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SENSOA
TALK(S) ABOUT SEX


UNIVERSITEIT
GENT


ICRH

The Sensoa Flag System has initially been developed with the support of the Flemish Department of Care



Flanders
State of the Art

**DEPARTMENT OF
CARE**

Introduction

Dear participant,

Welcome to this questionnaire on sexually transgressive behaviour and the Sensoa Flag System. Our aim with this questionnaire is to help you to assess your own knowledge, attitude and self-efficacy (the extent to which you feel you can successfully perform tasks yourself and achieve goals).

The questionnaire consists of statements that you can answer by 'Disagree' through to 'Agree'. It takes around 10 minutes to complete the questionnaire. At the end of the questionnaire, you can calculate and interpret your score yourself. You can choose to print off the blank answer sheet in the appendix on which you can fill in your answers. You can then calculate your own score using the score tables.

It is important that you fill out the questionnaire honestly, so that you have a reliable picture of your own knowledge, attitudes, and self-efficacy to be able to start working with the Sensoa Flag System. The results will help you to adapt or improve the implementation of the Sensoa Flag System and use it as a basis for debate and discussions with fellow colleagues. If the questionnaire is taken a second time after the Sensoa Flag System has been actively used for a few months, it can serve as a tool for evaluating the implementation of the Sensoa Flag System.

1. Knowledge

Below are some statements about sexual behaviour. For each statement, state to what extent you agree or disagree with it.

1. When you use drugs or alcohol, you can never give consent for sexual behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

2. The more frequently a particular behaviour crosses a boundary, the more severely it needs to be judged.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

3. If there is any doubt about the equality between parties, you also need to ask whether there is indeed consent and voluntary engagement.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

4. Anyone with a disability cannot pose normal sexual behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

5. Only the negative effects for the victim need to be taken into account when assessing sexual behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

6. When assessing sexual behaviour, it is sufficient to know whether there is mutual consent.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

7. In your first response to sexual behaviour, you must always ask questions about the behaviour first (e.g. what were the thought processes, feelings, desires of the initiator of the behaviour).

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

8. Sexually transgressive behaviour is most often committed by someone unknown to the victim.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

9. In a case of sexually transgressive behaviour, you carry out actions to stop the behaviour. You also need to find out why boundaries were crossed in the first place.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

10. Sexually transgressive behaviour rarely occurs among young people.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

2. Attitude

Below are some statements that gauge your opinion about sexual behaviour. For each statement, state to what extent you agree or disagree with it.

1. Girls and women will rarely or never commit sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

2. It is a biological fact that men need a form of sexual release from time to time, the pressure has to be relieved.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

3. If you do not resist sexual harassment, it is your own fault if you become a victim.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

4. In a long-term relationship, you must have sex with your partner.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

5. It would be acceptable in a relationship for you to pressure your partner a little to have sex with you.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

6. If someone was drunk when the sexually transgressive behaviour occurred, all stakeholders are responsible for what happened.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

7. It is important to assess each situation individually and not to base your assessment on previous experiences.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

8. Establishing learning goals ("How have boundaries been crossed?") is always necessary and useful.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

9. Follow-up care and recovery should mainly concern the victim of sexually transgressive behaviour and less so for the offender.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

10. It is not always clear who the victim is and who the offender in a case of sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

3. Self-Efficacy

Below are some statements to explore the extent to which you believe you can tackle certain issues. For each statement, state to what extent you agree or disagree with it.

1. I am able to describe the method of working in the Sensoa Flag System.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

2. I am convinced that I am able to recognise sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

3. I am able to assess complex cases of sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

4. I am convinced that I am able to give a suitable first response to sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

5. I am able to stop sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

6. I am able to establish learning goals with the offender ("How have boundaries been crossed?") after an incident of sexually transgressive behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

7. I am convinced that I am able to make agreements with the offender after the incident.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

8. I am able to explain the potential consequences of the behaviour to the offender (ban, supervision, psychoeducation, referral, etc.).

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

9. I am able to help prevent sexually transgressive behaviour in my organisation.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

10. I am convinced that I am able to improve my organisation's ability to discuss sexual behaviour.

- Disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Agree

4. Scores and interpretation

In the tables below, you can find the value that corresponds to the possible answers for each statement. If you answered 'Somewhat agree' to the first question on knowledge, you achieved a score of '1' for this question. Compare your answer with the table below to determine your score. Then add up the scores for each sub-scale (knowledge, attitude and self-efficacy). The scores for knowledge, attitude and self-efficacy will range from 0 to 40.

1. Knowledge

KNOWLEDGE	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1	4	3	2	1	0
Question 2	0	1	2	3	4
Question 3	0	1	2	3	4
Question 4	4	3	2	1	0
Question 5	4	3	2	1	0
Question 6	4	3	2	1	0
Question 7	0	1	2	3	4
Question 8	4	3	2	1	0
Question 9	0	1	2	3	4
Question 10	4	3	2	1	0
Total: /40					

Have you calculated your score? Read below to find out exactly what it means:

- **Expert (score 34–40):** Congratulations! You have a wealth of knowledge about sexually transgressive behaviour and you are skilled in assessing, discussing and responding appropriately to sexually transgressive behaviour.
- **Advanced (score 26–33):** You have a good understanding of sexually transgressive behaviour, but there is still room for improvement. Consider looking up additional information or taking some training to improve your knowledge in this area.
- **Average (score 16–25):** You have some basic knowledge of sexually transgressive behaviour, but there is clearly a need for improvement. Consider looking for educational information or taking some training to improve your understanding of this subject.
- **Beginner (score 0–15):** You have limited knowledge of sexually transgressive behaviour. It is important to take some training or to find educational information to improve your understanding of this subject.

2. Attitude

ATTITUDE	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1	4	3	2	1	0
Question 2	4	3	2	1	0
Question 3	4	3	2	1	0
Question 4	4	3	2	1	0
Question 5	4	3	2	1	0
Question 6	4	3	2	1	0
Question 7	0	1	2	3	4
Question 8	0	1	2	3	4
Question 9	4	3	2	1	0
Question 10	0	1	2	3	4
Total: /40					

Have you calculated your score? Read below to find out exactly what it means:

- **Positive (score 34–40):** Congratulations! You have a very positive attitude in the assessment and discussion of and response to sexually transgressive behaviour. Your beliefs and values correspond to healthy and respectful sexual behaviour.
- **Neutral (score 26–33):** Your attitude towards sexually transgressive behaviour is generally neutral. Although you may not have any pronounced opinion, it is important to take account of the potential effect of your attitude on your ability to assess, discuss and respond to sexually transgressive behaviour.
- **Negative (score 16–25):** Your attitude regarding sexually transgressive behaviour does not correspond entirely to values regarding healthy and respectful sexual behaviour. It may be useful to work out why you think in this way and to find out how you can influence your ability to assess, discuss and respond to sexually transgressive behaviour.
- **Hostile (score 0–15):** Your attitude regarding sexually transgressive behaviour does not correspond to values regarding healthy and respectful sexual behaviour. This may impede your ability to effectively assess and respond to it. It is important to find out why you think in this way and adapt your attitude so that you can respond in a healthier and more respectful way to sexually transgressive behaviour.

3. Self-Efficacy

SELF-EFFICACY	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1	0	1	2	3	4
Question 2	0	1	2	3	4
Question 3	0	1	2	3	4
Question 4	0	1	2	3	4
Question 5	0	1	2	3	4
Question 6	0	1	2	3	4
Question 7	0	1	2	3	4
Question 8	0	1	2	3	4
Question 9	0	1	2	3	4
Question 10	0	1	2	3	4
Total: /40					

Have you calculated your score? Read below to find out exactly what it means:

- **Self-assured (score 34–40):** Congratulations! Your confidence in your ability to assess, discuss and respond to sexually transgressive behaviour is high. Your belief in your own skills and competences is well-founded and will help you.
- **Competent (score 26–33):** You are skilled at assessing, discussing and responding to sexually transgressive behaviour. Nevertheless, some additional training or support may be useful.
- **Doubtful (score 16–25):** You are not quite so skilled at assessing, discussing and responding to sexually transgressive behaviour. Some additional training or support may be useful.
- **Uncertain (score 0–15):** You are not skilled at assessing, discussing and responding to sexually transgressive behaviour. It is useful to find some additional training or support to improve your confidence and skills.

Be sure to check out:

[How to use the Sensoa Flag System in your organisation and country?](#)

[Educational material about the Flag System](#)

[How to respond to sexually transgressive behaviour?](#)

Blank answer sheet

Print out this table and place it next to the questions. Put a cross in the box for each question to indicate whether you Disagree, Somewhat disagree, Neither agree nor disagree, Somewhat agree or Agree. You can place this answer sheet alongside the scores and calculate your own score.

KNOWLEDGE					
	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1					
Question 2					
Question 3					
Question 4					
Question 5					
Question 6					
Question 7					
Question 8					
Question 9					
Question 10					
Total: /40					

ATTITUDES					
	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1					
Question 2					
Question 3					
Question 4					
Question 5					
Question 6					
Question 7					
Question 8					
Question 9					
Question 10					
Total: /40					

SELF-EFFICACY					
	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
Question 1					
Question 2					
Question 3					
Question 4					
Question 5					
Question 6					
Question 7					
Question 8					
Question 9					
Question 10					
Total: /40					